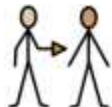










Social Story for the Sensory Supermarket

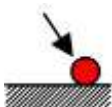









Reception

 You  will  enter  PEARL  through  a  glass door.

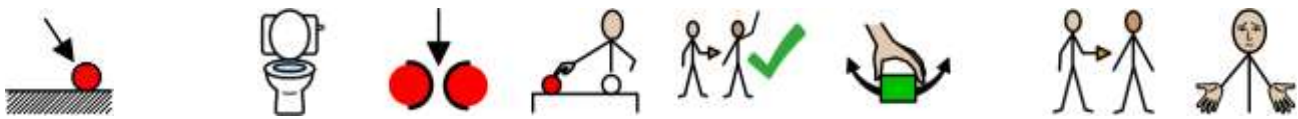
 You  will  come  into  a reception  area  called  the  Rise.

 This  space  has  a wall  of  windows  which  may  make  the

  + 
space bright and reflective.

 There are  chairs  in  the  Rise  where  you can  sit  if  you are

 early  for  your  time  slot.



There are toilets nearby that you can use if you need to.



In the Rise there is a reception desk. Someone will be



there and can ask questions if you need help.



There will be 1-2 volunteers who can help you.



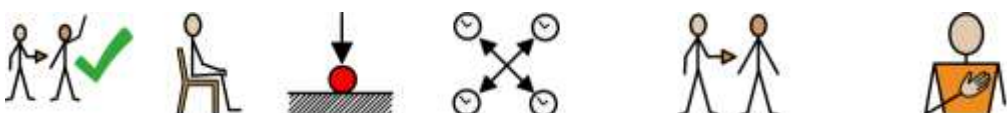
In the Rise there is a set of glass doors.



On the other side of these glass doors is the Bass space. This



is a special quiet space.



You can sit here any time if you are feeling overwhelmed.



If you sit here, someone may come and talk to you to



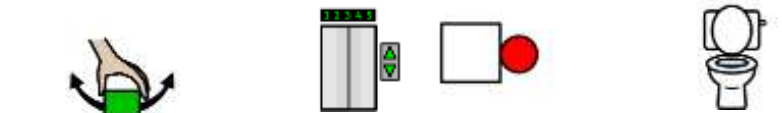
see if you need help.



There is another quiet space upstairs called the Nest.






You can get to this space using the stairs in the reception



or using the lift next to the toilets.

Main Space

       
When it is time for your session you go through a door in


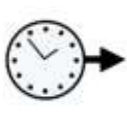



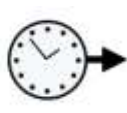


  
reception to the main space.

        
In the main space there will be chairs and tables where

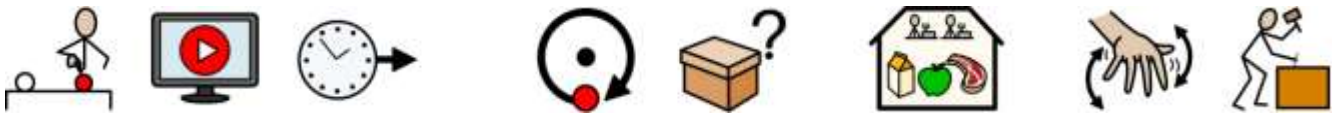
 
you can sit down.

     
There will be water available if you want it.

      
On the walls there will be posters about the project.

       
There will be TV screens. They will show videos

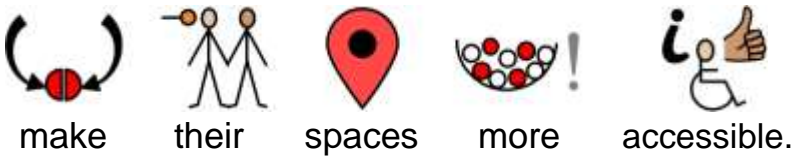
    
such as quotes from people about the project.



You will be able to watch a video made by an architect.



This video will be about what supermarkets could do to



make their spaces more accessible.



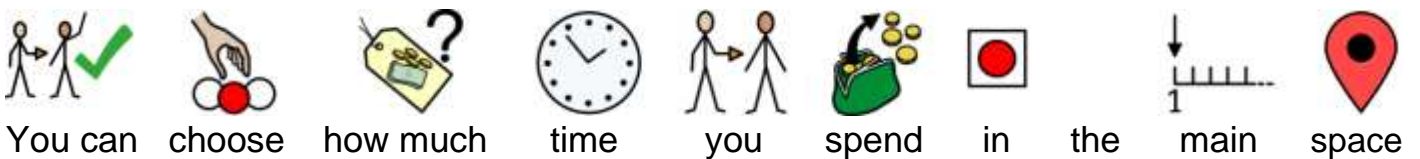
Becky and Catherine from the research team will be there to



answer your questions.



There will be volunteers that you can talk to.



You can choose how much time you spend in the main space



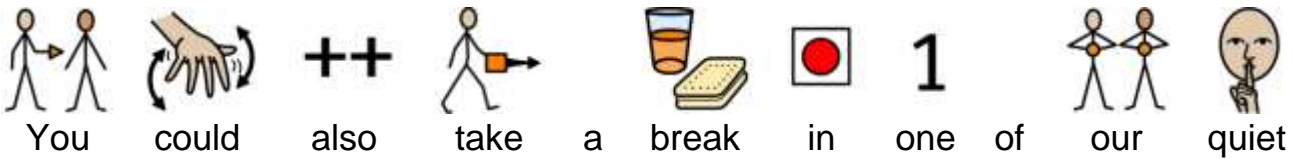
and supermarket space during your 45-minute slot.



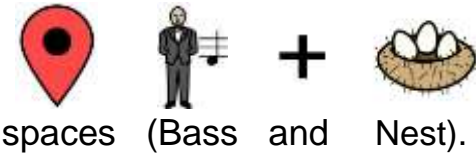
If you want to take a break and then come back you can.



You could go back into reception.



You could also take a break in one of our quiet



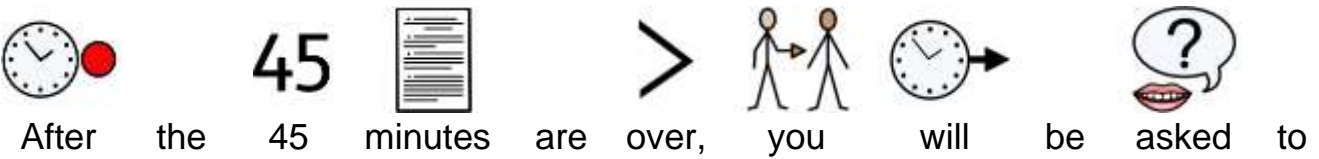
spaces (Bass and Nest).



A volunteer will be able to show you where they are if



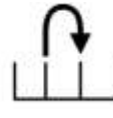
you need help.



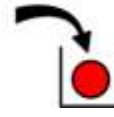
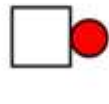
After the 45 minutes are over, you will be asked to



leave.

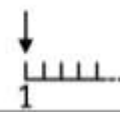


This is so we can prepare the room for the next group.



You will leave the space by going back into reception.

Supermarket Experience



The supermarket experience is within our main space.



to be



a



This space is designed to be like a real supermarket where



you can buy food.

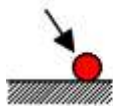


Parts of the supermarket have been changed to make the sensory



aspects more challenging.

e.g.



be unpredictable



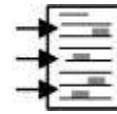
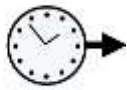
+



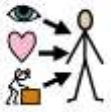
For example, there might be unpredictable loud noises and strong



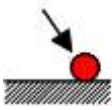
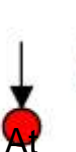
scents.



There will be challenging sensory inputs throughout the



experience.



15



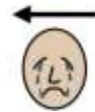
At times there may be up to 15 people in the supermarket



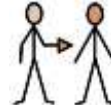
space. This means it may feel crowded.



Some people may find the sensory environment challenging. It



might make you feel stressed or upset.






You can leave the supermarket space if you are finding it



difficult.

You can also take a break and then come back later during







your time slot.

At the end of the session you can visit the supermarket in a

more accessible way if you want to.

You do not have to go to the supermarket space if you



do not want to.